



CASA

Court Appointed Special Advocates
FOR CHILDREN

Newsletter

May 2019

Pike County CASA

Topic One

Our office will be closed on Monday May 27th, due to Memorial Day



Our office will reopen on Tuesday May 28th.

Topic Two



Don't forget that school is coming to an end! Make sure to get your last contacts with teachers and principles before it is too late!

Topic Three

Happy May Birthdays!!

Danielle Woodyard-30th

Enjoy your special day!



Key Dates

May 6th: Monthly Meeting

This month we will be talking about the Myers-Briggs Type Indicator. We discuss why it is important to understand personality types and how this can lead to more effective communication.



June 21-23: CASA Volunteer Training

A new CASA volunteer training will begin next month! The accelerated training is scheduled to start June 21st and end June 23rd. Please pass the word and call our office for additional information.

SURPRISING FACTS ABOUT CRYSTAL METH

Crystal Meth addiction is one the fastest growing and most dangerous drug addictions in the United States. Methamphetamine is a powder that can be made into pills or take the form of rocks. Meth use initially leads to a rush of good feelings, but then users feel edgy, overly excited, angry, or afraid. Meth use can quickly lead to addiction. It causes medical problems such as severe itching, broken teeth and emotional problems.

Methamphetamine is a powerful drug. It acts by changing how the brain works. It also speeds up many functions in the body. Although some of these brain changes may reverse after being off the drug for a year or more, other changes may not recover even after a long period of abstinence.

A recent study even suggests that people who used methamphetamine have an increased the risk of developing

Parkinson's disease, a nerve disorder that affects movement.

The active ingredients in crystal meth set off a series of deceptive reactions in the brain. They are deceptive because they fool the body into thinking it has more energy than it actually does. That is why crystal meth users are often able to stay awake and party for three straight days. When body catches on to this deception, it crashes. As a result, the user is typically unable to function for several days (or until another hit of the drug). This kind of cycle has a devastating effect on the long-term health of the individual.



Unlike other drugs that do not give users an extended high, the euphoric effects of crystal meth can last up to 12 hours. All drugs have negative side effects when abused, but the short-term and long-term health effects of crystal meth addiction are very serious. Some of the consequences of meth use include:

- Meth can make a user's body temperature rise so high he could pass out or even die.
- A user may feel anxious and confused, be unable to sleep, have mood swings, and become violent.
- Looks can change dramatically. A user may age quickly and have dull skin. He may have dry mouth and stained, broken, or rotting teeth.

Other consequences of meth use include stroke, convulsions, psychosis and even death. Crystal Meth has a wide variety of street names associated with it such as speed, crystal, ice, glass, quartz, blade and crank.

One of the primary reasons for the rise in crystal meth is that the drug is easy to make. In homemade laboratories all across the United States, crystal meth is produced cheaply and dangerously. Consider some of the following materials used in manufacturing crystal meth:

- Drano
- Ephedrine
- Brake Fluid
- Lighter Fluid
- Lye
- Ether and other highly dangerous substances.

Clearly, these ingredients are harmful to the body, and it is only a matter of time until there are serious health consequences.