



# CASA

Court Appointed Special Advocates  
**FOR CHILDREN**

## Newsletter

### June 2019

### Hancock County

#### Save the Date

New CASA Accelerated weekend training October 25<sup>th</sup>, 26<sup>th</sup>, and 27<sup>th</sup> in Carthage. I could use seven more CASA volunteers to serve the advocating needs of children in Hancock Co. foster care. Request an application TODAY!

#### Community

##### Summer Meal Program

June 3<sup>rd</sup> -August 2<sup>nd</sup>

A meal is served at Hickory Grove Apartments 400 S Adams, Carthage IL. It offers a free nutritious lunch to children ages preschool through 18 living in Hancock County.

#### Celebration



**Dawn Owren- 19<sup>th</sup>**



**Stephanie Meyers**

**Karyn Streicher**



#### **CASA Networking June 13<sup>th</sup>, 12:00PM**

Joanne will be our guest speaker. She will tell us her personal story of growing up as a foster child. This will be at the CASA office in Carthage.

Hope many of you can attend!

**I would love to come and speak to your club, organization or business about our CASA program for Hancock County.**

**Call 319-795-3714 to schedule.**

#### **Lunch & Learn**

CASA Continued Education Training

June 20<sup>th</sup> 12-1pm Mandated Reporter refresher.

June 21<sup>st</sup> 11a-1pm Domestic Violence "A Survivor's Story".

Contact me for more details by the 14<sup>th</sup> if you would like to attend.

# Six easy steps to help you deal with conflict at work professionally, while also keeping your cool.

Here are six strategies that can help you navigate difficulties.

- 1. Address issues directly:** Rather than bottling up your feelings about a particular situation, make sure you address them with the other person, or people involved.
- 2. Listen:** Be prepared to hear the other side of the story. Listen carefully and avoid interrupting anyone.
- 3. Be objective:** Objectivity can be hard when your feelings are hurt. However, in the workplace, it's critical.
- 4. Find common ground:** Once both parties have discussed the issue, try to find common ground.
- 5. Follow up:** Once you've come to an agreement, make sure you follow through on it.
- 6. Stay positive:** The most important step is to stay positive. While the situation may have been negative, it's vital to keep an open mind and make the best of things.

Overall, conflict is unavoidable. We'll all come across it at least a few times during our professional careers. While the issue may be out of our control, the way we handle it is not. Solve workplace problems by thinking before acting. And above all else, remember to stay professional, calm, and positive when handling sticky situations.

For more information visit: <http://business.financialpost.com/executive/careers/six-easy-steps-to-help-you-deal-with-conflict-at-work-professionally-while-also-keeping-your-cool>



*Our Mission: to help abused and neglected children have a safe and permanent homes where they can thrive; to act as a powerful voice in these children's best interest.*

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