



# CASA

Court Appointed Special Advocates  
FOR CHILDREN



## December 2021 Newsletter

Adams, Brown, Cass, Hancock, Morgan, Pike, Schuyler

### Friendly Reminder!

- We are needing volunteers in all counties with our case numbers greatly increasing, if you know any one that would be interested in volunteering, have them reach out to CASA Coordinator Jess Bullard 217-223-2272!

### Holidays

Our office will be closed

January 17<sup>th</sup>, 2022

Martin Luther King Jr Day



### Birthdays!

6-Kay Reddick  
 7-Debra Hertenstein  
 16-Crichette Gower  
 19- Jeanie Brown  
 21-Karen Sedovic  
 28-Bree Hartley  
 29-Kelly Harrison

## Enjoy your day!

### Adams County

Noon Networking

Topic: Tour New Adams County Jail

When: January 13<sup>th</sup>, 2022

Time: 12:00pm

Location: Adams County Jail; 521 Vermont



### Pike ,Brown ,Schuyler, Cass County

Learn & Grow

## TBA

### Morgan County

Volunteer Meeting

When: January 18<sup>th</sup>, 2022

Where: Presbyterian Church

Time:10:30am-11:30am

### Hancock County

Networking

When: January 20<sup>th</sup>

Time: 11:00am

Location: Carthage Office

# Volunteering: The Perfect New Year's Resolution

## Volunteering Makes the Perfect New Years Resolution.

Volunteering makes the perfect New Years Resolution because volunteerism provides countless benefits for community, and the health and happiness of people who commit to sharing themselves as a volunteer.

**Here are just a few reasons to sign up to volunteer today:**

1. Volunteering has been linked with increased levels of happiness and decreased depression. The Huffington Post Article, [Volunteering Could Boost Happiness, Decrease Depression And Help You Live Longer: Study](#), written by Sara Kondrath, PhD, reviews new research into the topic of volunteerism, health, and happiness.
2. People who volunteer report physical, mental, and emotional health benefits. [Doing Good is Good for You](#), A United Health Group study reveals key benefits of volunteering that make a positive impact on people's health including feeling better mentally, physically, and emotionally.
3. Volunteers help create and support healthy communities. CASA volunteers are appointed by judges to be a voice for abused or neglected children in court and in the community. As a CASA Volunteer you help ensure that children are placed in safe, loving homes where they can thrive.
4. Court Appointed Special Advocate volunteers help make a difference in the lives of abused or neglected children. To learn more about becoming a CASA visit the [Volunteer](#) section on the [CASA of the Continental Divide website](#).

