



CASA

Court Appointed Special Advocates
FOR CHILDREN



November 2022 Newsletter

Adams, Brown, Cass, Hancock, Morgan, Pike, Schuyler

Friendly Reminders!

*Remember to contact your coordinator monthly to give updates of your visits or enter the notes from visits in Optima and your coordinator will approve them

*December is almost here so be sure to get your 12 hours of continued in!

Holidays

November 11th, 2022
Veteran's Day

November 24th, 2022
Thanksgiving

November 25th, 2022
Thanksgiving Friday



Birthdays!

- 4- Allison Sutter
- 10- Brooke Stokes
- 11- Beth White
- 12- Amanda Sutor
- 15- Erica Atterberry
- 15- Mary Kimmons
- 16- Karen Elliott
- 17- Bob Bergman
- 24- Joni McLees
- 25- Anne Meyer

Enjoy your day!

Pike County

Learn & Grow

Topic: Book Club Meeting- Chap 1-4

When: November 10th

Time: 5:30pm

Zoom: <https://us02web.zoom.us/j/87869251667>

Location: Pike County office & via zoom



Webinar – Prenatal Substance Exposure

Here's the link:

[Infants with Prenatal Substance Exposure: Yale New Haven Children's Hospital's Approach - Bing video](#)

Hancock County

Networking

Topic: Mental Health

Centers of Western IL

When: November 14th

Time: 3:30pm-4:30pm

Location: 601 Maine Street, CASA Office

Adams County

Noon Networking

Topic: Parent Coaching- Chaddock

When: November 10th

Time: 12:00pm

Location: Zoom & Hope Lutheran Church

What is Prenatal Drug Exposure?

When a woman takes drugs or drinks alcohol during pregnancy, changes can occur in the body and brain of her baby causing long-term effects.

Drugs that may affect a fetus during development can be illegal or prescription medications, including:

- Alcohol
- Cocaine
- Heroin
- Inhalants
- Nicotine (cigarettes)

What are the signs and symptoms of Prenatal Drug Exposure?

Babies born after prenatal drug exposure may have a variety of symptoms, including:

- Brain damage
- Balance problems
- Behavioral problems
- Cognitive delays
- Congenital syndromes
- Difficulty sleeping
- Feeding problems
- Fetal Alcohol Spectrum Disorder (FASD)
- Irritability
- Language delays
- Learning disabilities
- Low birth weight
- Premature birth
- Tremors from withdrawal

Neonatal Abstinence Syndrome

[NAS]

NAS occurs in a newborn when they have been exposed to addictive substances while in the womb. Once they are born, these babies experience a series of withdrawal symptoms.

In 2012

- 3,958,000 babies were born
- 21,732 babies were born with NAS

EVERY 25 minutes

A BABY IS BORN SUFFERING

UP TO 90% of babies born with NAS require **pharmacotherapy** treatment to overcome their symptoms.

Signs, Symptoms & Complications

Fever, Diarrhea, Vomiting, Excessive Crying, Seizures, Tremors, Birth Defects, Low Weight, Premature Birth, Problems Developing, Sudden Infant Death Syndrome

NAS can be prevented if pregnant women avoid alcohol and drugs during their term.