



# March 2024 Newsletter

Adams, Brown, Cass, Hancock, Morgan, Pike, Schuyler

## Friendly Reminders!

\*When parental rights are terminated and the goal is changed to adoption, volunteers are still required to see their CASA children once per month unless otherwise directed by your coordinator.

\*Ensure when entering notes in OPTIMA that when inputting the time you are using increments of: .25, .5, .75, 1



March 29, 2024  
Good Friday

Nicholas Casper is coming to speak for Adams County's Noon-Networking on March 14th. He is a former youth in care who had a CASA volunteer from Sangamon County. This is available to join via zoom or in person for all counties. Please join us to listen to his story, experiences, and how he got to where he is.

## Birthdays!

- 5-Donna McVeigh
- 9-Kiara Wiemelt
- 12-Christina Butler
- 17-Pat Manker
- 19-Brooke Hunsaker
- 20-Jeanne Smith
- 23-Kim Wright
- 24-Julia Vincent
- 28-Carrie Peterson



Enjoy your day!

## Adams, Pike, Brown, Cass, Schuyler Counties

Noon Networking  
Topic: Nicholas Casper; Former Youth in Care  
When: March 14<sup>th</sup>, 2024  
Time: 12:00pm  
Location: 1420 Harrison Quincy, IL 62301 and Zoom

Link for Zoom:  
<https://us02web.zoom.us/j/81249506392>



## Webinar: Social Media Dangers Documentary-Childhood 2.0

Link: [Bing Videos](#)

## Hancock County

Networking  
Topic: Chaka Batley; Behavioral Health Services Clinic  
When: March 11<sup>th</sup>, 2024  
Time: 5:00pm  
Location: Meet at Hancock County CASA Office then taking public transportation to Behavioral Health Services Clinic

## Morgan County

Networking  
Topic: TBA  
When: March 21, 2024  
Time: 12:00pm  
Location: Presbyterian Church, located at 870 W College Ave in Jacksonville

# Sexting

## Tips for Parents & Youth

During this pandemic there has been a dramatic increase in our nation's youth online activities. The ICAC Task Forces are seeing a rise in self-generated sexually explicit material by children... from some younger than 8-years old. This material is also known as sexting, nudes or Child Sexual Abuse Material (childpornography). With a generation of youth as online content creators, it is important for parents to have open communication with their children about content sharing. With both boys and girls involved in sexting behaviors, parents need to have age appropriate conversations with their children, beginning as soon as they have access to any technological device. Conversations with youth should include these sentiments with a clear follow up explanation as to why it is so important to NOT SEND, NOT ask others and NOT share sexually explicit images or videos.

*JAMA Pediatrics, Prevalence of Multiple Forms of Sexting Behavior Among Youth, April 2018:  
14.8% teens sent and 27.4% received a sext  
12% forwarded a sext without consent*

### Sender

- The time to decide if you'll send a nude is long before you are asked...the decision should be "no".
- Plan & practice your response to the requester
- Remember, once shared, you no longer control the material
- Support friends that don't ask, share or forward images / videos
- Show respect & avoid blaming or bullying others
- Report incident to CyberTipline, School Resource Officer, Law Enforcement, Counselor & social media provider / host

### Requester

- It is NOT okay to ask
- It applies undue pressure
- It is an abuse of power
- Consequence includes school / sport team / extracurricular activity discipline
- It can create criminal / legal issues

### Sharer

- It is a gross violation of trust
- It constitutes cyber abuse
- It presents criminal / legal issues
- Consequence includes school / sport team / extracurricular activity discipline

## Conversation Starters for Parents

- Have you ever been asked or pressured to send nude images? What would you do if asked?
- Do you know kids who have sent nudes? How do you feel about that?
- Have you heard of kids sharing nudes without consent? What do you think about that?
- Have you ever received nudes? What did you do with it?
- What do you think happens to kids if a nude is found on someone's phone?

## Resources

- ICAC Task Force Internet Safety; <https://www.icactaskforce.org/Pages/InternetSafety.aspx>
- NCMEC; <https://www.missingkids.org/gethelpnow/isyourexplicitcontentoutthere>
- NCMEC/NetSmartz; <https://www.missingkids.org/netsmartz/topics/sexting>
- CyberTipline; <https://www.missingkids.org/gethelpnow/cybertipline>
- Family Online Safety Institute; <https://www.fosi.org/>
- ConnectSafely; <https://www.connectsafely.org/>
- That's Not Cool; <https://thatsnotcool.com/>