



October 2024 Newsletter

Adams, Brown, Cass, Hancock, Morgan, Pike, Schuyler

Friendly Reminders!

*Court Reports are due to coordinator's two weeks prior to court. This is to allow time for revisions and to get submitted to the court in a timely manner.

*Our annual fundraising dinner **Tailgate to Celebrate** is quickly approaching. Join us **Oct 18th, 2024** with "kickoff" starting at **6pm**.

*All current CASA volunteers are given a free ticket along with a free ticket for a guest for the dinner. Ensure you RSVP by calling Diane Pieper at 217-223-2272 or mailing back your reservation card you received in the mail by this Friday 10/4/2024.

Sorry, We're Closed

October 14, 2024
Columbus Day

ADAMS COUNTY IN-SERVICE

When: October 8th, 2024 at 5:30

Where: Adams CASA Office

Movie: Four Good Days

Bruised, abused, and on the verge of collapse, heroin-addled Molly shows up at the house of her heartbroken, long-suffering mother, Deb, seeking help. But ten painful years of estrangement, drug use, and addiction have taken a toll on the already fragile mother-and-daughter relationship. Because, so far, Molly has been through detox more than a dozen times, yet she still shows no signs of recovering. Now, a doctor offers Molly a shred of hope--a monthly shot of an opioid antagonist, a potent agent that prevents toxic substances from binding to the central nervous system. However, there's a catch: Molly must stay clean for four long, excruciating, faith-challenging days to receive the promising treatment. The question is, can Molly respond to Deb's tough love?

Birthdays!

- 1-Pat Pennell
- 1-Sylvia King-Boling
- 14-Andi Clark
- 16-Denise Albsmeyer
- 23-Sherrie Emerick
- 25- Jenna Harrelson
- 27- Whitney Mintert

Enjoy your day!

Adams, Pike, Brown, Cass, Schuyler Counties

Noon Networking
Topic: Toys For Tots-Services for Youth In Care
When: October 10th, 2024
Time: 12:00pm
Location: 1420 Harrison Quincy, IL 62301 and Zoom

Link for Zoom:
<https://us02web.zoom.us/j/81249506392>



Webinar: Reading an IEP; CASA Basics

Link: [Meeting Registration - Zoom](#)

Register above using the link for the Zoom training hosted by IL CASA on October 30th @ 12pm.

Hancock County

Networking
Topic: ACR CASA Etiquette
When: October 21st, 2024
Time: 12-1pm
Location: Hancock CASA Office

Morgan County

Networking
Topic: Juvenile Police Officer-Subject to change
When: October 9th, 2024
Time: 12:00pm
Location: Presbyterian Church, located at 870 W College Ave in Jacksonville

Ways to support your child's learning at home

By making a few small changes in how we approach learning, we can help our kids get ahead in their studies. Here are nine easy things you can do to support your child's learning at home.

1. Set a good example

Leading by example is one of the best ways to support your children's learning. Your kids are more likely to follow suit when you're actively engaged in your learning and demonstrate a love for learning.

2. Encourage curiosity and exploration

Kids learn best by exploring their environment and asking questions about what they see and experience. Try giving them more opportunities to do this at home – through supervised playtime outside, reading books together, or encouraging creative projects like art or music classes.

3. Foster healthy habits

Habits like getting plenty of sleep and exercise, eating well, and managing stress levels effectively can help promote learning. These factors can contribute positively to children's learning abilities and cognitive development.

4. Create a learning-friendly environment

To support your child's learning at home, it's crucial to create an environment that encourages exploration and learning. This means providing ample space for toys and books, setting up a quiet study area, and removing distractions like screens or excess noise. It's also best to create a designated learning space for your child. It should be a place where they can focus on their studies and complete their homework without distractions. Find a quiet and cozy spot around the house that you can turn into a studying nook. Make sure to stock it with all the supplies your child might need, like pencils, paper, crayons, and their favorite books.

5. Remove distractions

Along with creating a learning-friendly environment, removing distractions is important so your child can focus on their studies and achieve their full potential. This might mean turning off the TV or radio during homework time, putting away electronic devices for an hour or two each day, or simply setting clear expectations about when kids should be studying versus when they should be playing.

6. Encourage independence

As kids grow older, they naturally start wanting to take more responsibility for their learning. Promote this independence by allowing them to make choices, solve problems, and take on new challenges. Assign them age-appropriate tasks that they can tackle on their own. For example, you can encourage them to practice cooking and help with household chores. If they're a bit younger, you can ask them to do simple tasks such as keeping away their toys after playtime or putting their dirty clothes in the hamper.

7. Take advantage of technology

While it's essential to promote face-to-face interaction and limit screen time, there are also many benefits to using technology to learn at home. You can enroll your kids in online educational courses or use apps and games that promote language learning, early math concepts, and other skills. You can also leverage online educational games to make screen time more valuable and productive.

8. Set goals and track progress

Having clear learning goals is integral to supporting a child's learning at home. Try using a goal-setting app to help your kids set weekly or monthly targets for reading, math, or writing. You can also have them review their progress by tracking their time on specific daily tasks – studying for a test, doing their chores, or completing their homework assignments.

9. Don't push too hard

Setting high expectations and encouraging your kids to do their best are essential strategies for supporting learning at home. Additionally, it's equally important not to push too hard or micromanage their efforts. Don't focus solely on grades and performance in school. Instead, try noticing your child's effort and persistence in their work.